

REBOUND BEACH VOLLEYBALL

Firstly congratulations on nominating your team with Mackay Indoor sports arenas. The staff and management wish you luck for the season and hope that all your games are played in a positive sportsman-like manner. As a captain you are the link between players and arena. The following notes will give you're an understanding of our policies and will assist in a trouble-free season!

Game Fees & Punctuality

It is important that your team be here at least 10 minutes prior to your game. This allows enough time to collect your team card, log players into computer, and be on the court ready to play. This also enables other games to be running on time. A central timing system is also in use which will also make sure that all games run on time, umpires have no control over the central timing once it has been set for the night. Also if full fees are not paid then your team will receive zero points

The Rules

Serving

- 1.The ball is to be served after the umpire's whistle
- 2.The ball may only be served over or under-arm
- 3.One foot must be touching the back net for the toss of the serve. One step may be taken hereafter.
- 4.The ball may only contact the divider-net on the serve. (Side, back and top nets will be deemed out).
- 5.A team only scores a point when their team serves.
- 6.The ball must be passed once before returning a serve.
- 7.Everyone must serve and rotate clockwise.

General Play

- 1.Each team is allowed 3 hits to return the ball.
- 2.Each hit must be made clear, ie. Not carried or lifted.
- 3.Kicking is **NOT** allowed but not recommended.
- 4.It is forbidden to make any physical contact with the centre net whilst attacking or defending. The only time this will not apply is when the ball is driven into the net causing it to then contact the player.

Blocking

1. A block is not recognized as a "personal" contact. This means that after a block has been made, that same player (blocker) may hit it consecutively and the team would still have one remaining hit.

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Off-Side

1. Off-side will only be called when a player has influenced the opposing teams play. (if someone steps on their opponents court and the ball is nowhere near the player, then the rally will continue).

Time-out /substituting

1.Each team is allowed 1 time-out per half. A time-out lasts up to a maximum of 1 minute.

2.Time-outs can be used any time except for the final 5 minutes of the second half.

3.When subbing, changes must be male for male and female for female.

4.When subbing or calling a time out ect. The captain must always be the one to notify theumpire. This can only be done on your team's serve.

Forfeits – late Arrivals

1.If the center hasn't received at least 48hrs notice of your team being unable to play, a forfeitfee will apply

2.If a team is late they will lose 1pt / minute. (10min = forfeit)

3.Teams can nominate at any time of the season. To qualify for finals you must enter beforethe eighth round or half-way point of the season.

Mixed Team Sizes

4-a-side

1 of the opposite sex on the court at all times.

Minimum of two players to take the count

6-a-side

6 players – 2 of opposite sex

5 players – 2 of opposite sex

4 players – 1 of opposite sex

Minimum of three to take the court.

Extra time

The game consists of 4 x 10 minute halves with a minute break in between each quarter. The only time

“extra-time” will be granted is when there is a draw at the end of a Grand Final. Intervals of three minutes will be played out until there is an outright winner